

PUSD District Wellness Committee Meeting Agenda

May 16, 2018

- 1.) Call meeting to order.
- 2.) **Mission:** *Works to assess and make recommendations that improve student and employee health.*
- 3.) **Wellness Section on PUSD Website:**
 - Meeting Recordings
 - Wellness Policy
 - Meeting Times
 - Meeting Agendas
- 4.) **Public Involvement.**
- 5.) **Top Concerns/Assessment Results:**
 - Need for more brain breaks (GoNoodle)
 - Having more non-food fundraisers
 - Handwashing
 - Food as reward/punishment
 - Having more physical activity events
 - Withholding recess as punishment
 - Providing health education in all grades
- 6.) **Fall Wellness Fair – October is National Farm to School Month.**

Notes:

Next Meeting Date: / /

Time:

Location:

Tentative Agenda Items: