

PUSD District Wellness Committee Meeting Agenda

January 16, 2019

1. Recording/Call to Order
2. Update on Celebrate Life Expo (September 6th & 7th) & Marketing
3. Spring Newsletter
4. Ian Owens/Employee Wellness
5. Suzie Delgado of YCHHS presentation on PUSD Gardens
6. Yavapai Healthy Schools Nomination Process
7. New Business/Comments

Mission:

The PUSD District Wellness Committee (DWC) works to assess and make recommendations that improve student and employee health. This entails developing the local wellness policy, creating measurable wellness goals, assisting the district with implementation of wellness goals and updating the local wellness policy as needed. Currently, the DWC consists of PUSD administrators, employees, a parent volunteer and community partners.

Next meeting date: / /

